



VOLUNTEER WITH TRÓCAIRE IN YOUR DOWN AND CONNOR PARISH

- 🇮🇪 Do you want to make a difference in the world around you?
- 🇮🇪 Do you believe in justice and dignity for all?

If the answer is yes, why not volunteer in your parish for Trócaire in the Diocese of Down and Connor?



Trócaire

Why volunteer with us?

By becoming a Trócaire volunteer, you will play an active part in working for peace, justice and a better life for those who are less fortunate in our world. You will join a unique network of volunteers who raise awareness about the impact of Trócaire's work.

What does volunteering with us involve?

As a Trócaire volunteer, you will receive regular updates on our work throughout the year. You will also be supported to raise awareness about Trócaire's work and to highlight the impact of our work overseas and the support and generosity of people in Ireland. Volunteers raise awareness about Trócaire's work through parish outreach, supporting with public events, as well as campaigning and fundraising activities.

What do we ask of you?

We ask that our volunteers have an interest in global justice issues, a desire to make a difference in the world and an interest in and commitment to raising awareness about Trócaire's work.

What can you expect in return for your voluntary experience?

- An opportunity to contribute to the work of an organisation that is committed to working for dignity and justice for all
- Relevant materials and training sessions to support you in your role
- Regular updates on Trócaire's work and campaigns
- Opportunities to meet other Trócaire volunteers and Trócaire staff.



Bishop Noel Traenor on a visit to Trócaire funded projects in Zimbabwe in 2016.

“Each one of you has to be God’s microphone. Each one of you has to be a messenger, a prophet... Let us not hide the talent that God gave us on the day of our baptism and let us truly live the beauty and responsibility of being a prophetic people.”

St Oscar Romero

WHAT CAN I DO AS A TROCAIRE VOLUNTEER?

Volunteering with Trócaire is designed to fit around your own schedule, interests and availability.

Lent

Highlighting Trócaire's annual Lenten appeal in your parish/pastoral area e.g. creating a Lenten sacred space, distributing Trócaire boxes, displaying posters, mass speaking etc.

Advent and Christmas

Promoting and selling Trócaire Gifts in your own local community

Throughout the year

- Promoting activities themed on Pope Francis' Encyclical 'Laudato Sí On Care for Our Common Home';
- Challenge the root causes of injustice by encouraging your parish/pastoral area to get involved in our campaigning and advocacy work
- Thanking local parishioners for their support of Trócaire and sharing stories that show the impact of Trócaire's work overseas' in parish newsletters, local media etc.
- Organising a local fundraising event for our emergency appeals e.g. 'Teatime for Trócaire'; table quiz, sponsored walk etc.;



Volunteer Testimonies

"Volunteering with Trócaire allows ordinary people to achieve extraordinary things in the pursuit of justice and a fairer world. You are doing something practical that will really help to change people's lives"

Aideen, a Trócaire volunteer from Belfast

For more information on becoming a Trócaire volunteer in the diocese of Down and Connor, please contact Maria on **02890808036** or email **maria.kane@trocaire.org**



**“Behind the struggle for justice, hearts beat, people hurt, help arrives, support grows, hope blossoms, strength builds, victories come, change happens”
Trócaire**

*Nancy on her farm in Kenya. Along with her husband Edward and their children, the family have benefited from a Trócaire funded water supply which has enabled them to grow a wider range of crops which would not have been possible before.
Photo: Justin Kernaghan*

About Trocaire:

Trócaire was established by the Catholic Church in 1973 as a way for Irish people to donate to development and emergency relief overseas. Our dual mandate is to support the most vulnerable people in the developing world, while also raising awareness of injustice and global poverty in Ireland.

How Trócaire works:

Trócaire works with local and church partners to support communities in over 20 developing countries with a focus on food and resource rights, women's empowerment and humanitarian response.

trócaire

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Charity Commission for NI Number:
NIC103321

www.trocaire.org